

## [ PRAYER GUIDE ] Adults

DAY ONE.

FAST FROM THE HEART

As we enter into this season of prayer and fasting, it is all about giving God more of your heart. We fast to focus our hearts on God. We don't fast to earn God's love, but to remove all obstacles for a short season in order to experience more of Him. Today you can begin your fast by praying that God would help you to remove all obstacles so that you can focus solely on Him.

- Matthew 6:16-18
- Matthew 15:8-9, 19
- Matthew 22:34-38

DAY TWO.

FREEDOM

God has greater things for you; things that you can't even fathom! He wants to free you from any areas of bondage so that you can bear more fruit and be more fulfilled in Him. Wherever you struggle, stand secure in knowing that Jesus already secured victory over that struggle on the cross.

- Galatians 5:1, 13
- 2 Corinthians 3:17
- Colossians 2:13-15

DAY THREE.

HOPE

You can give God your dreams and trust Him with your difficulties. Our hope is built on the person and promises of Jesus. He will not disappoint! .

- Romans 5:5
- Psalm 25:3, 20-21
- 1 Chronicles 16:11-12

DAY FOUR.

PUTTING GOD FIRST

Make it your goal in 2018 to grow spiritually like you have never grown before. Growing spiritually begins with putting God first in every area of your life and being willing to lay things down that may hinder you from putting God first. What is something that you feel like God is asking you to lay down so that you can put Him first?

- Matthew 6:33
- 2 Peter 1:3-4

DAY FIVE.

JOY

Joy is a fruit, a promise of the Holy Spirit. As you yield and surrender more of your life to God, He gives you His joy. He promises to replace your sorrow with rejoicing in His time.

- Galatians 5:22
- Psalm 30:5
- Nehemiah 8:10

DAY SIX.

MIRACLES

Our God is a miracle working God. All he asks of us is for us to have faith as small as a mustard seed. Ask God for greater faith and believe him for greater things this year.

- Matthew 17:20
- Hebrews 11:6
- Mark 9:23-24

DAY SEVEN.

PEACE

We live in times of great turmoil and trouble, but God wants to replace our panic with peace. Bring him your problems and pain and allow him to give you his perfect peace.

- John 14:27
- John 16:33
- Philippians 4:6-7

## DAY EIGHT.

### CONFIDENCE

You can be unshakeable in 2018, if you will cast all your cares on God. He is big enough to handle all your concerns, and you can be confident in His goodness and greatness.

- 1 Peter 5:6-7
- Psalm 55:22
- Psalm 62:1-2

## DAY NINE.

### ALIGNING YOUR THOUGHTS AND ATTITUDE

There are lots of things in your life that you have no control over, but you can control your thoughts and attitudes. Choose to set your mind on the things of God and watch him change your attitudes.

- Colossians 3:1-2
- Philippians 4:8
- Joshua 1:8

## DAY TEN.

### PURPOSE

God created you with purpose. You are his masterpiece made for great things. Ask Him to reveal his purposes for you in 2018.

- Psalm 139:13-16
- Ephesians 2:10
- Ephesians 3:20

## DAY ELEVEN.

### FORGIVENESS

Relationships with family, friends, spouses, children, and co-workers are not easy to manage at times. There can be frictions, fights and discord. Who do you need to forgive today? Ask God to give you wisdom, power and compassion to make things right. Sometimes it may take you to make the first move, but you can do it with God's help.

- Matthew 5:23-24

- Matthew 6:14-15
- Ephesians 4:26-27

## DAY TWELVE.

### FAMILY

There is no better time than now to focus on your family. Make a commitment to build a God-first family in 2018. Building a God-first family begins with your heart and your commitment to put God first in all areas of your life. This can include prioritizing His word, time in His presence and making a commitment to be faithful to His house.

- Psalm 127
- Joshua 24:15

## DAY THIRTEEN.

### UNITY/RECONCILIATION

There is so much division and discord in our world. More than ever, the world needs to see us love one another just as God has loved us. Loving others despite their faults builds bridges and brings unity. Ask God to help you be a bridge builder and peace maker in your world starting today.

- Malachi 2:10
- John 13:34-35
- Galatians 3:28
- 1 John 3:11-15

## DAY FOURTEEN.

### MARRIAGE

Marriage can be such a powerful picture of God's love. God wants your marriage to be great. Pray for health, healing and protection over your marriage today and throughout this year.

- Ephesians 5:31-32
- Proverbs 18:22
- Proverbs 20:6-7

## DAY FIFTEEN.

### GLOBAL MISSIONS

It is so easy to become self-absorbed with the pace and pressures of lives. Ask God to slow you down, to open your eyes to needs of the world around you and to help you to become sensitive to those who are far from Him.

- 1 Chronicles 16:24
- Romans 9:2-4
- Romans 10:1, 14-15

## DAY SIXTEEN.

### THE CHURCH

Jesus came, died and was resurrected in order to build His church (Matthew 16:18). The church is the hope of the world. Pray for our pastors, leaders and church family that we all might fulfill the mission of making disciples and helping as many people as possible to lead a God-first life.

- Hebrews 10:24-25
- Acts 2:42-47
- Ephesians 1:22-23

## DAY SEVENTEEN.

### LEADERSHIP

Jesus was the perfect model of being a leader because of the way He served God and people. We are all called to lead in some way, and leading for Jesus simply means that we are sensitive to how we can serve those who we have been entrusted with (family, friends, co-workers, etc). Today, ask God how you can lead [serve] more effectively and how your leadership can mirror the characteristics of Jesus.

- Luke 19:10
- Matthew 18:10-14
- Galatians 6:9
- Matthew 20:26

## DAY EIGHTEEN.

### OTHERS

One of the most important words in the whole Bible is “other.” The phrase “one another” is found over 59 times in the Bible. God wants us to love and care for others the same way that He loves and cares for us. Ask God to make you a servant and to increase your compassion quotient.

- Mark 10:45
- 1 John 3:16-18
- Matthew 25:37-45

DAY NINETEEN.

WISDOM

We can face difficult decisions all day long every day. If we desire to do God’s will, then we will need His provision and wisdom as we seek Him.

- Proverbs 3:5-7
- Proverb 4:6-7
- James 1:5

DAY TWENTY.

THOSE FAR FROM GOD

Do you remember what life was like for you before you trusted Christ as your Savior? May we never forget what Christ has done for us and in us. Ask God to give you a heart for those who are far from Him and boldness to share the love of Christ with them.

- Luke 19:10
- 1 Timothy 2:3-4
- Isaiah 52:7

DAY TWENTY ONE.

CONTINUING YOUR SPIRITUAL GROWTH

As your 21 days of prayer and fasting comes to an end, ask God to continue to help you experience greater clarity in hearing His voice daily throughout this year. In quietness and solitude, allow Him to speak to your heart. Ask Him how you can continue to grow spiritually in and through Him this year. The thoughts that come into your mind as you quiet yourself may just be His calling for you in 2018. Trust God that this will be your best year yet as you allow Him to make it your best year spiritually.

- Colossians 4:17

- Colossians 1:28-29
- Matthew 5:13-16

## **Prayer Guide Kids**

DAY 1

FAST SUGARS, DESSERTS & CANDY

Psalm 25:4-5

DAY 2

FAST TV, MOVIES, DVDs & VIDEOS

Colossians 1:10

DAY 3

FAST TV, MOVIES, DVDs & VIDEOS

Philippians 3:13-14

DAY 4

FAST SUGARS, DESSERTS & CANDY

Ezra 8:23

DAY 5

FAST COMPUTER (EXCEPT FOR SCHOOL) & VIDEO GAMES

Isaiah 54:2-3

DAY 6

FAST COMPUTER

(EXCEPT FOR SCHOOL) & VIDEO GAMES

Mark 9:29

DAY 7

FAST SUGARS, DESSERTS & CANDY

Luke 22:42

DAY 8

FAST SUGARS, DESSERTS & CANDY

Philippians 2:3-5

DAY 9

FAST TV, MOVIES, DVDS & VIDEOS

Nehemiah 4:14

DAY 10

FAST TV, MOVIES, DVDS & VIDEOS

John 17:20-21

DAY 11

FAST SUGARS, DESSERTS & CANDY

Matthew 9:14-15

DAY 12

FAST COMPUTER

(EXCEPT FOR SCHOOL) & VIDEO GAMES

Isaiah 40:29-31

DAY 13

FAST COMPUTER

(EXCEPT FOR SCHOOL) & VIDEO GAMES

1 Timothy 2:1-2

DAY 14

FAST SUGARS, DESSERTS & CANDY

James 1:5

DAY 15

FAST SUGARS, DESSERTS & CANDY

Isaiah 54:10

DAY 16

FAST TV, MOVIES, DVDS & VIDEOS

Psalms 5:11-12

DAY 17

FAST TV, MOVIES, DVDS & VIDEOS



Daniel 11:32

DAY 18

FAST SUGARS, DESSERTS & CANDY

1 John 5:14

DAY 20

FAST SUGARS, TV, COMPUTER (EXCEPT FOR SCHOOL) & VIDEO GAMES

Matthew 6:16-18

DAY 21

FAST SUGARS, TV, COMPUTER (EXCEPT FOR SCHOOL) & VIDEO GAMES

Matthew 6:33

DAY 18

FAST SUGARS, TV, COMPUTER (EXCEPT FOR SCHOOL) & VIDEO GAMES

Nehemiah 1:4-5